

November 2009

USD 466 BREAKFAST MENU

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Hot Oatmeal Cinnamon Biscuit Grape Juice</p>	<p>3</p> <p>Pancakes Peanut Butter Fresh Apples</p>	<p>4</p> <p>Breakfast Pizza Applesauce</p>	<p>5</p> <p>Sausage Gravy Biscuits Fresh Oranges</p>	<p>6</p> <p>Strawberry Parfaits Muffin</p>
<p>9</p> <p>Pancake/Sausage On A Stick Potato Gems Mixed Fruit</p>	<p>10</p> <p>Cream of Wheat Cinnamon Bread Peaches</p>	<p>11</p> <p>French Toast Peanut Butter Fresh Apple Wedges</p>	<p>12</p> <p>Breakfast Burrito Orange Juice</p>	<p>13</p> <p>Scrambled Eggs Hash Brown Toast & Jelly Pears</p>
<p>16</p> <p>Breakfast Rounds Mandarin Oranges</p>	<p>17</p> <p>Sausage Gravy Biscuit Mixed Fruit</p>	<p>18</p> <p>Hot Oatmeal Blueberry Muffin Peaches</p>	<p>19</p> <p>Hot Ham & Cheese Pocket Rosy Applesauce</p>	<p>20</p> <p>Breakfast Pizza Grape Juice</p>
<p>23</p> <p>Sausage/Pancake On A Stick Pears</p>	<p>24</p> <p>Cereal Bubble Bread Pineapple</p>	<p>25</p> <p style="text-align: center;"><i>Thanksgiving Vacation</i></p>	<p>26</p> <p style="text-align: center;"><i>HAPPY THANKSGIVING</i></p>	<p>27</p> <p style="text-align: center;"><i>Thanksgiving Vacation</i></p>
<p>30</p> <p>Ham Patties Fruit & Cereal Bar Orange Juice</p>	<p style="text-align: center;"><i>Breakfast kick starts the metabolism to burn fat more effectively</i></p>	<p style="text-align: center;"><i>CHOICE OF MILK OFFERED DAILY</i></p> <p style="text-align: center;"><i>Menus are subject to change</i></p>	<p style="text-align: center;"><i>Fun Fact:</i></p> <p style="text-align: center;"><i>Kellogg's Corn Flakes was the only cereal to be eaten aboard Apollo 11, the first luna landing</i></p>	<p style="text-align: center;"><i>Getting adequate vitamin B12 may help the brain stay healthy and help you retain uour memory as you get older. Milk is a good source of B12</i></p>